

FLORENCE NIGHTINGALE

1820 - 1910

2020 is a special time for Florence as it marks 200 years since her birth. Her name is very much in the news because of the huge makeshift hospitals created to fight the COVID-19 pandemic are named after her.

She was born in Florence a town in Italy from where she takes her name.

In those days, girls from good catholic families were expected to marry but Florence refused. She had other ideas. At an early age, she wanted to be a nurse .In those days working in dirty hospitals was felt unsuitable for a well-educated young female.

Feeling that God was directing her towards this path, she went into the Crimea war and the hospitals there. Cleaning the surfaces where the patients were, making sure that the bandaged were clean and also their bedding. At night, she would take a lamp and walk around the wards. Helping the patients write to their loved ones back home. So she was given a nick name, “The Lady of the Lamp”.

WATCH THESE VIDEOS

HERE ARE SOME LINKS

<https://www.youtube.com/watch?v=QBoc60LsTy0>

<https://www.youtube.com/watch?v=Frow559jWSE>

<https://www.youtube.com/watch?v=jONlz7vaMnU>

**WOULD YOU LIKE TO SING A SONG
ABOUT LIGHT
IN FLORENCES DAY ELECTRICITY HAD
NOT BEEN INVENTED SO EVERYONE
HAD LAMPS WITH CANDLES.**

<https://www.youtube.com/watch?v=recdOYUmSRQ>

<https://www.youtube.com/watch?v=9y58uU0qcIM>

**CRAFT ACTIVITIES
YOU MAY NEED THE HELP OF AN ADULT
LIGHT AND DARK, DAY AND NIGHT
PICTURES.**

YOU WILL NEED A SHEET OF A4 PAPER AND COLOURED PENCILS OR FELT TIPS

1. Turn your paper landscape and fold it in half.
2. Open it up again and draw a tree through the fold so it is in the centre of your picture.
3. Now fill in the rest of your landscape picture making sure the right side of the picture mirrors the left. E.g. if there is a house on the right make sure there's one on the right in the same place to match.
4. Colour the left half of the picture as it would look on a lovely summer day. Only colour up to the fold so half the tree is coloured.
5. Colour the right half as if it is night time.
6. Compare the two halves. What would it be like to live in darkness all the time? Jesus is the Light of the world so when we believe and trust in Him we won't live in darkness.

BLACK AND WHITE PICTURES

You will need a sheet of black A4 paper and a sheet of white A4 paper, scissors, and glue.

1. Turn your papers so they are landscape and fold in half.
2. Cut the white sheet in half along the fold and draw half a simple shape like half a heart or a pear against the cut fold using all your page.
3. Inside the line you have drawn draw another line 1 cm smaller, continue to do this until its very small, probably as many as 20 lines if your first shape touched the top and bottom of your paper.
4. Cut out the original shape and the first line and glue it on the left of the black paper with the straight side on the fold.
5. Cut out the next strip, and turn it over so its straight side fits on the left side of the fold exactly touching the first piece top and bottom. Glue it in place.
6. Continue in this way remembering to turn the strip over for the left side. **DO NOT BE TEMPTED TO CUT ALL THE STRIPS IN ONE GO OR YOU WILL GET IN A MUDDLE.**
7. You will have created a piece of retro art when you are finished.
8. If you got the strips wrong you still have a half sheet of white paper and you can turn the black paper over and try a again.

Black and white, light and darkness, good and bad, day and night are all opposites but the Light of Jesus can shine on it all. That's why Florence Nightingale was known as the "Lady with the Lamp" because she not only shone her lamp in the darkness of night but because her loving care brought light into the hearts of the suffering men.

GARDEN LANTENS

You will need clean empty tin cans, a hammer, a nail, some string and night lights.

YOU WILL NEED ADULT SUPERVISION

1. Ask your mother to use a rotary can opener to remove the line so it's smooth at the top.
2. With help use the nail and hammer to make holes in the can, as many as you like. It's a good idea to wear gloves to do this.
- 3 Tie a loop of string tightly round the top of the can just under the rim. Tie another piece to it across the top of the can to make a handle.
3. Check the wick of your night light is upright and lower it into the can.
4. When it's getting dark use a taper or paper spill to light your night light, the light should show through your holes like little stars.

If we all try to shine a little bit with God's love what a wonderful light we will all make together.

HOW TO MAKE A NURSES HAT

https://www.ehow.com/how_4917882_fold-nurses-hat.html

PICTURES AND PUZZLES



Nursing Word Search

R M I J D T C Q M A E E P E G C H M Y K
D A U C L R E D A T S V G W Y O F E E T
T H E R M O M E T E R S Q A S H U R T I
N K A J V F G V E I C X I P D S R C S N
M E M Y X M C A R I N G I S T N Z Y U B
L G E Y O O Z P N Z G T Q R T L A R B H
X Z Z D L C C O I W A H O K M A S B E N
N V V L L I W O T L Y P C H P E N J J Y
M D Y Z J E Z F Y U E E C Q R K Y C L J
E N I C I D E M B R U T F Q E T D O E T

assistance

bandage

caring

comfort

hospital

maternity



medicine

mercy

needle

nurse

reports

thermometer

Loving God,
we place into your care
all our doctors, nurses and
healthcare workers.
Give them courage of heart
and strength of mind and
body.
Keep them safe from harm.
May they know
our deep gratitude
for all they are doing to heal
and help those affected by
the coronavirus.
God of all consolation
may they know your
protection
and peace.
Bless them in these
challenging days
and bless their families.
Amen.



Florence Nightingale



Florence Nightingale became known as "The Lady with the Lamp" because of the care she gave wounded soldiers through the night during the Crimean War. Nightingale worked to modernize the education system for nurses and improve healthcare in Britain.



Let us pray

Florence Nightingale prayer

“Today, our world needs healing and to be rekindled with Love. Once, Florence Nightingale lit her beacon of lamplight to comfort the wounded.

Her light has blazed a path of service across a Century to us-- through her example and through the countless nurses and healers who have followed in her footsteps.

“This year, we celebrate the flame of Florence Nightingale's legacy. Let that same light be rekindled to burn brightly in our hearts. Let us take up our own ‘lanterns of caring,’ each in our own ways-- to more brightly walk our own paths of service to the world-- to more clearly share our own ‘noble purpose’ with each other.

“May human caring become the lantern for the 21st century. May we better learn to care for ourselves, for each other and for all Creation?

*“Through our caring, may we be the keepers of that flame. That our spirits may burn brightly to kindle the hearts of our children and great-grandchildren— as they, too, follow in these footsteps.”
Amen*

God called Florence to care for injured people. With his help, she improved the standards of care and cleanliness within nursing and made it a respectable profession that it is today.